

Da Capo Press

Since 1975, **Da Capo Press** has inspired a loyal readership with its venturesome and eclectic program of hardcovers, paperback originals, and paperback reprints in the fields of music, history, film, biography, literature, African-American studies, dance, art, and architecture, among other categories. Among **Da Capo**'s authors are Toby Young, Buss Bissinger, Louis Armstrong, Gary Giddins, Lawrence Grobel, André Malraux, Groucho Marx, Samuel Eliot Morrison, Jean Renoir, Eleanor Roosevelt, Ned Rorem, Mary Oliver, Foster Hirsch, Arthur M. Schlesinger, Jr., William Shirer, Donald Spoto, and François Truffaut.

Da Capo Press has long prided itself on a distinguished list of titles in general and military history by such authors as Alex Kershaw, Harrison Salisbury, John Toland, John Prevas, Joseph E. Persico, John S. D. Eisenhower, Bruce Lee, Richard Vinen, Frederic Morton, Jonathan Schell, and William S. Shirer.

Da Capo's imprint, **Lifelong Books**, which includes Merloyd Lawrence Books, publishes the parenting, health, fitness, and psychology books that are an important part of the Perseus Books Group's strength, with best-selling authors Jenny McCarthy and Michael Flocker, as well as such critically acclaimed authors as Stanley I. Greenspan, M.D., T. Berry Brazelton, M.D., Glade Curtis, Judith Schuler, and Steven Wise.

Alex Kershaw

The Few: The Story of Seven American Pilots Who Joined the Battle for Britain

In the summer of 1940, World War II had been underway for nearly a year. Hitler was triumphant and the United States was neutral. But some Americans did not remain so. The worst days of the Battle of Britain—July 10 to September 15—saw seven U.S. pilots fighting side by side with the English. • Alex Kershaw is fast becoming the next great popular military historian in the vein of Stephen Ambrose.

“Rousing story of idealistic Americans who fought against the Nazis with Britain’s Royal Air Force long before the U.S. entered World War II. ... A delight...” —*Kirkus*

“It could be the *Band of Brothers* for this year.” —*Publishers Weekly*

September 2006 • History • 300 pages

UK: Michael Joseph/Penguin; Translation: Da Capo; Dutch: Bzztoh; Italian: Piemme; France: Laffont; Brazil: Record; Spain: Debate; Finland: Otava

Rick Coleman

Blue Monday: Fats Domino and the Lost Dawn of Rock & Roll

By reconstructing the electrifying scene of the 1940s and '50s, Coleman retells the history of rock 'n' roll by way of the musician who revolutionized popular music and inadvertently changed the world. • A music critic and historian, Rick Coleman has immersed himself in the life of “Fats” Domino for over fifteen years.

“[The] definitive biography...There is a wealth of recording detail here...[A] vivid account.” —*Rolling Stone*

“Coleman’s lively writing style...helps bring the period to life...A love letter to the New Orleans music scene.” —*Associated Press*

“Coleman nicely summons the glorious heyday of New Orleans.” —*Washington Post Book World*

April 2006 • Music/Memoir • 350 pages

UK & Translation Rights: Da Capo

David Standish

Hollow Earth: The History of an Idea

Hollow Earth follows the history of the idea Sir Edmund Halley first proposed in 1692 that the earth might be hollow illustrated with wonderful samples of Hollow Earth maps, movie posters, and pulp novel and magazine covers. • David Standish is the author of *The Art of Money* and a former staff writer for *Playboy* magazine.

“Fans of Jules Verne...will get a thoughtful laugh out of *Hollow Earth*...A thoroughly enjoyable and fascinating read.” —*Popular Science*

“Hollow Earth is tremendous fun.” —*Village Voice*

“A monumental work of screwball scholarship...A highly entertaining romp.” —*Seed Magazine*

“Standish’s fascinating account spans geology, literary history and new-age religion.” —*Scotland on Sunday*

June 2006 • History/Popular Culture • 224 pages

UK & Translation Rights: Da Capo

Robert Greenfield with photos by Dominique Tarlé

Exile on Main Street: The Making of the Rolling Stones' Masterpiece

This is the riveting and decadent story of the making of the Rolling Stones' epic double album *Exile on Main Street* by the acclaimed author of *S.T.P.*, Robert Greenfield, who was present at several of the sessions and living at Villa Nellcote with the band for two weeks. • Robert Greenfield is the author of the classic account of the Stones' 1972 tour *S.T.P.* He is the co-author of *Bill Graham Presents* and *Dark Star: An Oral Biography of Jerry Garcia*.

"The closest anyone else will come to being in the thick of Stonesian 1970s decadence."
—*Kirkus Reviews*, Autumn & Winter Preview 2006

"Greenfield...gives good gossip about the mayhem that ensued at the Villa Nellcote.... In the end, he takes sides (Keith's mostly) and settles scores, but that only ups the entertainment value." —*Publishers Weekly*

"Greenfield (*Dark Star: An Oral Biography of Jerry Garcia*) gives good gossip about the mayhem that ensued at the Villa Nellcote"

September 2006 • Music • 224 pages
British Commonwealth & Translation Rights: Da Capo

Michael Flocker

Death by Powerpoint

By the best-selling author of *Metrosexual Guide to Style*, a hilarious survival guide for twenty-first century pod-people, this new book covers: dress code and corporate clones; pod culture; the art of office politics; corporate lingo; death by power point; e-mail disasters; mandatory fun; and sex in the workplace. • Michael Flocker is the author of *Metrosexual Guide to Style*, *The Hedonism Handbook*, and *The Fame Game*.

October 2006 • Business/Humor • 208 pages
UK & Translation Rights: Da Capo

Licenses for **The Hedonism Handbook**: Portuguese/Rocco; Korean/Sol Publishing; Japanese/Basilico; Russian/Amphora Publishing House; Chinese (complex)/China Times; Spanish/Martinez Roca; German/Goldmann; Italian/Sperling & Kupfer

Licenses for **The Metrosexual Guide to Style**: Dutch/ Bruna; German/Heyne; Spanish (Spain)/Ediciones Martinez Roca; Spanish (Lat. Am.)/Planeta Argentina; Portuguese/Planeta Brazil; Turkish/BZD Yayin Ve Iletisim; Japanese/Softbank; Korean/Munhak-SeGye-Sa; Russian/Ultra Kultura; Greek/Lector: Indonesian/PT Bentang Pustaka; Thai/God Giving Publishing; Hebrew/Ha'aretz Newspaper

Stanley I. Greenspan

Engaging Autism: Helping Children Relate, Communicate, and Think

Stanley I. Greenspan is a leading authority and clinician in the field of autism. In this seminal work, Greenspan offers a groundbreaking and effective new methods for treating children with this disability.

“[An] excellent book...The definitive guide to Greenspan’s respected ‘floortime’ method...illuminating...highly recommended.” —*Library Journal*, starred review

“There’s no better expert on the subject.” —*Midwest Book Review*

“Until now, treatments for autism have focused on the symptoms rather than on the underlying problems. This book offers useful information about how to understand this disorder, overcome difficult symptoms, and identify warning signs to prevent a child from becoming fully autistic. Compassionate and comprehensive.” —*Scholastic Parent & Child*

“Parents and professionals interested in helping children with autism have long benefited from the ideas and techniques developed by Stanley Greenspan and Serena Wieder. Now with their publication of *Engaging Autism* the principles of one of the most prominent approaches to intervention for autism have been described with extraordinary lucidity and compassion.” —Peter Mundy, Ph.D., Center for Autism and Related Disabilities, University of Miami

A Merloyd Lawrence Book

April 2006 • Parenting • 352 pages

UK & Translation Rights: Da Capo; Italian/Cortina; Spanish/RBA Libros; Chinese (complex)/JC Culture and Publishing; Indonesian: Ayo Main

Leslie Goldman

Naked Truths: Lessons Learned from a Lifetime in the Locker Room

Author Leslie Goldman, a recovered anorexic, uses the locker room as the lens, and the gym as the laboratory, to explore how the issue of body image impacts, and in some cases, dominates our daily lives, setting out to help women overcome what has become a pandemic obsession. • Leslie Goldman, MPH, has written for the American Medical Association, *The Chicago Tribune*, *Mademoiselle*, and *Marie Claire*.

“Leslie Goldman’s fascinating study of body anxieties gets into our own heads and under our skins. In the best way.” —Wendy McClure, author of *I’m Not the New Me*

“*Locker Room Diaries* gives heart and humor to body image in a way like-minded books have not before.” —Erin Shea, author of *Tales from the Scale*

“An unflinching look at how women perceive—and try to ‘shape’—their bodies.” —*Chicago Magazine*

“Goldman holds the reader’s attention with her empathy and humor...A good read.” —*Club Life*

“Interviews and stories will resonate with readers and provide inspiration for maintaining a positive self-image.” —*Kirkus Reviews*

May 2006 • Health/Memoir • 224 pages

UK & Translation Rights: Da Capo

Margaret Leslie Davis

Mona Lisa in Camelot

This is the true story of one of the most fascinating cultural events of the twentieth century involving two of the most enigmatic women in history: Jacqueline Kennedy and the Mona Lisa. Gathered from personal letters and other documents belonging to Jackie Kennedy and the National archives, Davis tells how Jackie Kennedy orchestrated what was the most famous French–American cultural exchange—the 1963 exhibition of the Mona Lisa in New York. *Mona Lisa in Camelot* reveals the integral and fascinating roles played by French President Charles de Gaulle, John Walker, President John F. Kennedy, André Malraux, and Edward Folliard, making this in turns a compelling political history, cultural history, and thrilling adventure. • Margaret Leslie Davis is the author of many books including the much praised biography *Rivers in the Desert: William Mulholland and the Inventing of Los Angeles* (1993) for which she received a Golden Spur Award for Best Non-Fiction Book by the Western Writers of America.

Fall 2008 • History • 256 pages
UK & Translation Rights: Da Capo

Kathryn Eastburn

Simon Says

On New Year's Day 2001, just twenty months after the Columbine massacre, four teenage boys in Colorado Springs plotted and carried out the murder of a 15-year-old schoolmate and his grandparents. In the best tradition of literary journalism, author Kathryn Eastburn exposes the shocking story with a moving and often painful honesty, unveiling the dark truth behind the murders. The leader and mastermind of the group, 16-year-old Simon Sue, was responsible for strong-arming and brainwashing the boys into believing that they were members of a secret paramilitary organization. With Eastburn's unique access to the trials and crucial testimonies of those involved, she not only provides a gripping, and often harrowing, account of the murder and subsequent trial, but also offers an intelligent and humane reflection on the current treatment of juvenile defendants. • Kathryn Eastburn has worked for the *Colorado Springs Independent* for ten years with a majority of her work focusing on troubled teenagers. She has won two PASS awards from the National Council on crime and delinquency.

Fall 2007 • History • 288 pages
UK & Translation Rights: Da Capo

Jay Robert Nash

I Am Innocent: A Narrative History of How Wrongly Convicted Persons Were Imprisoned & The Evidence That Brought about Their Exonerations in More Than 500 Worldwide Cases from Ancient Times to the Present.

Author Jay Robert Nash includes every major criminal case in history dealing with wrongfully convicted persons, from Mary, Queen of Scots, to Alfred Dreyfus, from Dr. Sam Sheppard to Anthony Porter, from Joan of Arc to Lindy Chamberlain, just to name a few. Landmark cases, such as Sacco and Vanzetti, where wrongful convictions without exonerations occurred, are also included. Nash also details how perjury, railroading and framing, insufficient and suppressed evidence, police and prosecutorial coercion, mistaken identity and prejudicial publicity were insidiously used to send wrongly convicted persons to prison, and, in many instances, brought about their wrongful deaths. Finally, he describes the many champions who battled to bring about the freedom of innocent persons. • Jay Robert Nash, hailed by the *Chicago Tribune* as America's foremost chronicler of crime, is a winner of the prestigious Edgar Allen Poe Award for his *Encyclopedia of World Crime*. He is the author of more than 70 books.

Fall 2007 • True Crime/History/Reference • 560 pages
UK & Translation Rights: Da Capo

Dan Kurzman

Hitler's Plot Against the Vatican

Hitler's Plot Against the Vatican tells of the dramatic and intricate plot to kidnap Pope Pius XII at the height of WWII. On September 12, 1943, two days after the Germans occupied Rome, Adolf Hitler summoned S.S. Chief General Karl Wolff to his headquarters and gave Wolff the order to occupy the Vatican as soon as possible and take the Pope to the north. As the Pope learned of the plot it became clear that its primary reason was one of blackmail; if the Pope spoke out publicly against the arrests of Jews in Rome by German forces, then his abduction would be triggered. A remarkable story of intrigue at the highest level. With exclusive material from an interview with General Karl Wolff, Kurzman takes the reader to the very heart of this story, and fills in previously unanswered questions on papal and World War II history. • Dan Kurzman, a former *Washington Post* correspondent, is the author of several historical narratives. He has been described by critics as a “master storyteller” (*San Francisco Chronicle*) and as “one of the best twentieth-century journalist historians.”

Spring 2007 • History • 296 pages
UK & Translation Rights: Da Capo Press

Stewart Gordon

When Asia Ruled the World

This book is a unique and compelling look at a period in history when Europe stagnated, and Asia flourished. The Middle Ages (500 to 1500 AD) proved to be a time of religious, intellectual, and scientific development for Asia as it became the epicenter of commerce and diplomacy. It had a near monopoly on innovation and hummed with trade and travel as key networks stretched from Arabia to India, and from China to the Indies. This fascinating history is brought to life by Stewart Gordon's approach which uses each chapter on the memoir of an individual traveler of the time, allowing the dramatic developments to be viewed through nine interweaving stories. *When Asia Ruled the World* also offers important insight into the world today, with the global focus on events in Iraq, Central Asia, Afghanistan, Pakistan, India, and China. • Stewart Gordon is a Senior Research Scholar at the Center for South and Southeast Asian Studies at the University of Michigan. He has published three academic books on medieval Asia and two popular history books.

Fall 2007 • History • 288 pages
UK & Translation Rights: Da Capo

Danny S. Parker

A Deadly Past: The Rise and Fall of Jochen Peiper

The S.S. colonel Jochen Peiper was one of the most controversial figures of the Second World War. Handsome, intelligent, and impetuous, he volunteered for the Waffen S.S. at an early age and dedicated his life to the Nazi cause. Peiper was Heinrich Himmler's imperious personal adjutant in the early years of the war, and he became known for his flamboyant and brutal style of warfare. After the war, Peiper became the central subject in the bitterly disputed Malmédy war crimes trial, where he was condemned to death but ultimately released due to the efforts of Senator Joseph McCarthy and an Atlanta attorney named Willis M. Everett, Jr. After moving to eastern France in 1956, he was harassed by the French Communists and died in a gun battle at his home on July 14, 1976—Bastille Day. His assassins were never identified. In *A Deadly Past*, historian Danny Parker highlights the fascinating characters and personalities of Peiper's story and asks such questions as how an intelligent, cultured, and capable man could decide to embrace malevolence. • Danny S. Parker is the author of two books, *Battle of the Bulge* and *To Win the Winter Sky*, and the editor of several others.

Fall 2007 • History • 1,000 pages
UK: Da Capo; Translation: Curtis Brown, Ltd.

Jaed Coffin

A Chant to Soothe Wild Elephants

A memoir by a Thai American man who left an elite New England college five years ago to fulfill a familial obligation to be ordained as a Buddhist monk in his mother's native village of Panomsarakram. While addressing the notions of displacement and belonging, he chronicles his time in the temple during a rainy season—begging in the streets in saffron robes, bathing in the canals, and then falling in love with Lek, a beautiful Thai woman who comes to represent the life he can have if he stays. • Jaed Coffin finished his degree in Philosophy at Middlebury College in 2002. He has worked on a lobster boat, lived in a rooftop tent, run with the bulls in Pamplona, hitch-hiked across America, and kayaked from Puget Sound to Alaska. He now lives in Portland, Maine, where he works for the Maine Writers and Publishers Alliance and is enrolled in the MFA program at the University of Southern Maine. He has been awarded a James Meyer Grant and a Ron Brown Grant for separate writing projects. He is twenty-six years old.

Spring 2008 • Memoir/Culture • 256 pages
UK & Translation Rights: DaCapo

Douglas Wolk

Reading Comics

Comics are everywhere. With author names like Chris Ware, Marjane Satrapi, and Art Spiegelman graphic novels are one of the fastest-growing segments of the book market and are quickly emerging as a true, innovative art form, with high-caliber writers and artists entering the fray. In *Reading Comics*, Douglas Wolk describes the burgeoning form, illustrating its modern significance through the work of specific writers and artists. Accessible to the hardcore fan as well as the novice reader, Wolk's book takes a critical, theoretical look at the modern comic and its place in the pantheon of art, its literary standing, and why we should think about, argue over, and read these dualistic texts. • Douglas Wolk has written about comics and music for over a decade—his work has appeared in publications such as *The New York Times*, the *Village Voice*, and *Believer*.

Spring 2007 • Popular Culture • 296 pages
UK & Translation Rights: DaCapo

Philip Orbanes

Monopoly: The Amazing Story of How It Captivated the World, Influenced a Century, and Shaped Our Aspirations

The refrain of "Go directly to jail, do not pass Go" is firmly embedded in cultures throughout the world, thanks to the huge popularity of a game called Monopoly. Over 200,000,000 copies have been sold since Parker Brothers first popularized the game in 1935, and as a cultural icon it continues to hold a perpetual fascination for its players. Philip Orbanes's history is the often surprising story of an American game which has dominated the world, a story filled with intrigue and secrets, twists and turns, tragedies and triumphs. Author and Monopoly expert Philip Orbanes, charts its history from the days when the game became all the rage in Europe to its ban in communist countries because it was seen as a symbol of American capitalism to its secret role during World War II. As the world's love affair with Monopoly goes from strength to strength this is the definitive book about its world, and those who love to play in it. • Philip E. Orbanes served as Senior Vice President of Parker Brothers from 1979 to 1990. He is the author of *The Monopoly Companion* and has served as chief judge at the World Monopoly Championships since 1979.

November 2006 • History • 250 pages
UK & Translation Rights: Da Capo

John Kruth

To Live's to Fly: The Ballad of the Late, Great Townes Van Zandt

This is the long-awaited biography of an enigmatic song-writing genius, who wrote such acclaimed songs as “Pancho and Lefty,” “If I Needed You,” and “To Live’s to Fly,” as well as writing number one hits for artists like Willie Nelson, Merle Haggard, and Don Williams. Born to a wealthy oil family in 1944, John Townes Van Zandt came from a family filled with distinguished congressmen, high-ranking soldiers, and high power lawyers on both sides, yet Van Zandt’s destiny was to become one of the world’s great song-writers, inspiring generations of musicians and leaving a legacy of unforgettable songs. John Kruth explores his life and character with immense respect yet never shies away from following Townes into his darkest corners of alcoholism and manic depression. Sam Shepard praises *Rain on a Conga Drum*, calling it “A fervent tribute to a true legend of American songwriting. John Kruth has tracked the back story of Townes Van Zandt like a manic bloodhound without spoiling the mystery of the man.” Based on exclusive interviews with everyone who knew Van Zandt, including his best friend Guy Clark and colleagues Steve Earle and John Prine, *Rain on a Conga Drum* is a compelling portrait of a complex, haunted artist. • John Kruth is a writer, musician, and the author of *Bright Moments: The Life and Legacy of Rahsaan Roland Kirk*.

March 2007 • Music/Biography • 320 pages
UK & Translation Rights: Da Capo

Zac Crain

Black Tooth Grin: The High Life, Good Times, and Tragic End of “Dimebag” Darrell Abbott

On December 8, 2004— 24 years to the day that John Lennon was gunned down—a deranged fan leapt onto a stage and tragically murdered the lead guitarist of the heavy metal band Pantera, “Dimebag” Darrell Abbott. In a way, he was the idol of heavy metal bands and fans, an inspiration to such groups as Slipknot and Korn, who found their own poetry in his power. This is the first book to cover the life and times of this pioneering guitarist, whose murder is perhaps the most significant in rock ‘n’ roll since the death of Kurt Cobain. It is the definitive biography, which tells the complicated and personal story of the man who many considered their John Lennon, and explains how he bridged the gap between classic heavy metal and the new metal of the twenty-first century. But this is not just a book for those die-hard heavy metal fans, it appeals to those who want a good story about Dimebag, and those who just want a good story. • Zac Crain is the associate editor at *American Way* magazine, and was previously the music editor at the *Dallas Observer*.

Fall 2007 • Music/Biography • 288 pages
UK & Translation Rights: Da Capo

David Browne

Goodbye 20th Century: Sonic Youth and the Rise of the Alternative Nation

Goodbye 20th Century is the definitive biography of the legendary band Sonic Youth, authored with the band’s full participation by journalist David Browne, music critic of *Entertainment Weekly* and author of the acclaimed dual biography *Dream Brother: The Lives and Music of Tim and Jeff Buckley*. Sonic Youth have persevered for 25 years, from their days at the forefront of America’s independent, underground scene of the ‘80s to their current status as founding fathers and mothers of alternative music, the sounds that have been passed down to everyone from Nirvana to the Yeah Yeah Yeahs. *Goodbye 20th Century* chronicles a quarter-century of the underground with novelistic attention to detail and narrative, and is the ultimate history of a major cultural and musical movement.

Fall 2007 • Music/Biography • 300 pages
Translation Rights: Da Capo; UK: Piatkus; German: Kiepenheuer & Witsch

Parke Peterbaugh

Phish: The Biography

In the mid-1990s, Phish, the legendary jamband with a fan following comparable to the Grateful Dead's, was at the peak of their touring career. During this period, Parke Peterbaugh, an award-winning author and journalist from *Rolling Stone*, toured with the band, attending some of Phish's most memorable concerts, from New Year's Eve at Madison Square Garden to the Clifford Ball in Plattsburgh, New York—their first-ever three-day festival. Quickly becoming part of the band, Peterbaugh was allowed into their most intimate moments, with a view into their internal dynamics, eventually writing press releases and artist biographies unofficially as their in-house writer. Parke Peterbaugh's *Phish: The Biography* is the first complete and definitive biography of the band. • Peterbaugh is the author of *I Want to Take You Higher: The Psychedelia Era, 1965–1969* and *Rhino's Psychedelic Trip*, and writes for *Stereo Review*, *USA Today*, as well as the Rock and Roll Hall of Fame.

Fall 2007 • Music/Biography • 320 pages
UK & Translation Rights: Da Capo

Sean Manning, ed.

General Admission

From a young editor comes a collection of essays by promising poets, novelists, and music writers recounting their best concert-going experiences—including the likes of Chuck Klosterman, Francine Prose, Rick Moody, Kurt Loder, and Luc Sante, to name a few—painting vibrant pictures of what it is to be young or old and in love with the music of newly discovered or forever favored performers. The collection appeals to all demographics in this way, touching fans of both mainstream and cult contemporary literature, music writing, or anyone who's ever been to a concert. Including his own entertaining REM story, Sean Manning has gathered some of the most gifted wordsmiths to convey what it is to be a part of concert culture. • An editor who works for *Spin* magazine, Sean Manning's writing has appeared in *New York Press* and *Black Book* magazine. He received his MFA at the New School in New York City.

January 2007 • Music • 320 pages
UK & Translation Rights: DaCapo

Ramblin' Jack Elliot with Rick Steber

Ramblin': The Autobiography of Ramblin' Jack Elliot

Trading city life for just a guitar, a Stetson hat, and a 'kerchief, Elliot Charles Adnopoz ran away from home at the tender age of fifteen and never looked back—the Wild West show he joined would eventually lead him to England, and launch his career as Ramblin' Jack Elliot, a renowned folk singer and inspiration to musical artists such as Johnny Cash, Bruce Springsteen, and Mick Jagger. An unsung legend of American music, Elliot traveled and performed extensively with Woody Guthrie, shared the stage with Bob Dylan, and shot folk music to the top of the charts in 1961, always keeping a level and humble head. The only book of its kind, this autobiography is a first-hand account of exactly what occurred on the road and behind the curtains during the sixty-odd years of Elliot's ramblin' life. • A performer who has roamed all over the world, Ramblin' Jack Elliot rose to fame in the '60s, and has continued to produce influential folk music; this is his first book. Rick Steber has written over thirty books about the American West and its people.

November 2006 • Music/Memoir • 288 pages
UK & Translation Rights: Da Capo

Phil Freeman

Marooned: The Next Generation of Desert Island Discs

In the tradition of the beloved Greil Marcus-edited classic *Stranded: Rock and Roll for a Desert Island*, editor Phil Freeman presents *Marooned: The Next Generation of Desert Island Discs*. Spotlighting a new generation of music critics, including Sasha Frere-Jones, Kalefah Sanneh, Amy Phillips, and Chuck Klosterman, its contributors come from a wide spectrum of race, gender, and musical tastes. All of the essayists, however, are under the age of forty; representing the diverse pop music scene of today. In selecting one album to bring to a desert island, the critic's choices exemplify a music industry now featuring hip hop, punk rock, and electronica, a long way from the rock dominated charts of 1979 when *Stranded* was first published. • Phil Freeman is the author of the forthcoming *Running the Voodoo Down: The Electric Music of Miles Davis* and *New York Is Now!: The New Wave of Free Jazz*, as well as a contributor to the *Village Voice*, *Down Beat*, and *Jazziz*.

Spring 2007 • Music/Essays • 320 pages
UK & Translation Rights: Da Capo

Michael Streissguth

Johnny Cash: The Biography

"The man in black" had many artistic shades that significantly impacted country music over the last fifty years. He is revered as an artist who ranks with Elvis Presley and Frank Sinatra as one of the twentieth century's major singers. Michael Streissguth's definitive biography is the first full-length biography of the singer in thirty years, taking the reader on a journey through both Cash's creative genius and never-say-die attitude from his days in the Arkansas cotton fields to an aspiring young gospel singer, Grammy-award winner, Hollywood host, member of the country legends band, "Highwaymen," to the end of his life. His biography reflects the passion of one of country music's finest stars. • As the leading scholar on Johnny Cash, Michael Streissguth is the author of the just published *Johnny Cash at Folsom Prison: The Making of a Masterpiece* (September 2004) and editor of *Ring of Fire: The Johnny Cash Reader*.

September 2006 • Music • 320 pages
British Commonwealth & Translation Rights: Da Capo

Mary Gaitskill, guest ed.; Daphne Carr, series ed.

Da Capo Best Music Writing 2006: The Year's Finest Writing on Rock, Hip-Hop, Jazz, Pop, Country, and More

This, the seventh in the series of an annual collection celebrating the best in music writing in every style of music, is guest edited by Mary Gaitskill, author of the National Book Award nominee for fiction, *Veronica*. Gaitskill's earlier novel *Because They Wanted To* was nominated for the Pen/Faulkner Award and she was the recipient of a Guggenheim Fellowship. Daphne Carr, an up-and-coming music journalist revamps the series and increases its relevance by delving into sources and subjects that have been underrepresented in the previous edition. Her work regularly appears in the *Associated Press*, *Village Voice*, *Seattle Weekly*, and *The Chicago Tribune* among others.

October 2006 • Music/Essays • 288 pages
UK & Translation Rights: Da Capo Press

Nina Shandler

The Strange Case of Hellish Nell: The True Story of Helen Duncan and the Witch Trial of World War II

“*The Strange Case of Hellish Nell* tells a riveting and cinematic tale from British history.”
—*The Boston Globe* Did Helen Duncan channel spirits of the dead, bringing hope to those traumatized by war? Or, was she a charlatan preying on the grief of her customers? Was she a gifted medium or a multiple personality? Was Helen guilty of fraud or witchcraft? In her new book, Nina Shandler investigates the activities of Britain’s most famous psychic, Helen Duncan, leading up to her trial in which she became the last person in Britain to be tried as a witch. Sometimes funny, sometimes tragic, *The Strange Case of Hellish Nell* is a true crime tale laced with psychic phenomena and wartime intrigue. Set against the dramatic backdrop of London during World War II, this book appeals to readers of historical narrative nonfiction and equally to those intrigued by supernatural themes. • Nina Shandler is a psychologist and author of *Ophelia’s Mom* and *Estrogen: The Natural Way*.

Fall 2006 • History • 353 pages
UK & Translation Rights: Da Capo

Adam Pitluk

Dammed to Eternity

The story of a man charged with the crime of “causing a catastrophe.” More specifically he was charged with causing a levee to break during the Great Midwestern Floods of ’93, resulting in damage to 14,000 acres of Missouri and Illinois farmland and residential areas. His punishment? A life sentence. Today the topic of broken levees is a contentious one, following on from the disaster in New Orleans. Yet this is a more personal and often shocking tale, of how revenge in a community led to the incarceration of an individual to cover the mistakes of authorities in charge of the damaged levees. James R. Scott is unlikely to ever be released from prison, as he maintains his innocence. This is an intriguing mystery, which is tragically true, with journalist Adam Pitluk investigating how a man, although guilty of past transgressions could be saddled with the maximum sentence under a never-before used law. • Adam Pitluk is a journalist for the *Dallas Observer* and the author of *Standing Eight: Jesus Chavez and the Mexican Search for the American Dream*.

Fall 2007 • Biography/True Crime • 296 pages
UK & Translation Rights: Da Capo

Patrick O’Donnell

First to Fight: The Gripping Story of the Marines Who Captured Fallujah in the Bloodiest Battle of the Iraq War

In the model of *A Band of Brothers*, comes a first-hand account by an award-winning author of the battle for Fallujah by the Marines who lived and died fighting for control. Patrick O’Donnell was the first “embedded” author to go into combat in Iraq with his unit, fighting side-by-side with the men of the 1st Platoon. They were the first unit into Fallujah—considered the most important battle in the war in Iraq—where civilians were used as human shields, suicide bombers approached from any street corner, and insurgents, high on injected adrenaline, fought to the death. The Marines of the 1st (and our author) saw the worst of it; by the end of the battle, only 14 of the original 49 were left standing. O’Donnell captures not only the sights, sounds, and smells of battles, but the human drama of the young men from a close-knit platoon fighting and dying side-by-side. • Patrick O’Donnell is the author of *Into the Rising Sun: Beyond Valor*, winner of the prestigious William E. Colby Award for Outstanding Military History, and *Operatives, Spies & Saboteurs*.

November 2006 • History/Military • 288 pages
UK: Da Capo; Translation Rights: The Zack Company

Da Capo Lifelong Books

Christine Lydon

Ten Years Thinner: The Ultimate Lifestyle Program for Winding Back Your Physiological Clock—and Your Bathroom Scale!

Christine Lydon graduated from Yale's medical school and became a nutritional and exercise consultant. Struggling with her own weight gain despite a rigorous exercise regimen, she developed this system that harnesses the body's own mechanisms to make it burn more fat. Based on using short bursts of anaerobic exercise to burn fat combined with a sensible—not painful or complicated—diet, she has seen dramatic results in herself and her own test groups. The system calls for an exercise program of 20 minutes per day, growing to 30 minutes, and even allows for a “cheat” meal once a week so that one never feels that they are denying themselves the things they like to eat. Lydon recognizes that true and long-lasting weight loss is based on making life changes that we can live with and she offers a practical and thoughtful guide to making that happen, with precise instructions, some simple recipes, and a promise of dramatic body change in a matter of weeks. • Christine Lydon received the prestigious Howard Hughes Research Award for her work in the area of biomechanics and sports medicine while at Yale. She has worked as a consultant for several sports nutrition companies and designed the diet protocol utilized at an award-winning Los Angeles health club chain. She has been the personal fitness consultant to numerous Hollywood celebrities including writer/director Quentin Tarantino. Her magazine articles have appeared in *Men's Fitness*, *American Health and Fitness*, and *Family Doctor Magazine* and she writes a monthly medical advice column for *Oxygen* magazine. She is also a physique and sports model.

Fall 2007 • Health/Diet • 244 pages
UK & Translation Rights: Da Capo Press

Allen Zadoff

Desperately Seeking Skinny

Allen Zadoff was obese from childhood up into his late twenties. With an appetite for both life and binge eating, this “hungry man” spent his entire overweight life thinking that he'd be happy if only he could shed some pounds. But after ballooning up to 360 pounds, he began to understand that he was addicted to certain foods, and began to take one day at a time in an effort to stay away from them. Crafting his own quirky strategies for staying “on the wagon” that he outlines here, he found a way to slim down, and discovered that weight loss was only the beginning of a long process. Inspirational and confessional, this book is broken up into five short parts and takes the reader through what Zadoff learned on his way up the scale, and everything he knows to be true now that he's found his way back down it. • Allen Zadoff is an experienced television writer, theatrical director, and occasional newspaper columnist, but this is his first book. He lives in Los Angeles.

Fall 2007 • Health/Dieting • 196 pages
UK & Translation Rights: Da Capo Press

Kathryn Kastan

From the Heart: A Woman's Guide to Living Well with Heart Disease

When Kathryn Kastan underwent emergency bypass surgery at the age of 42, she faced a life that had irrevocably changed. Yet as she shares in *From the Heart*, it is possible to still lead a full, productive life after a heart event. With more women than men now dying of heart disease, this book is long overdue with its advice and practical information aimed specifically at women. This is the first book to offer women the tools they'll need to cope with a diagnosis and, most importantly, the emotional guidance as they begin their journey to recovery. Kastan combines her own story with those of one hundred women who have battled the disease, and includes chapters on "What Happens When You Go Home" to "Body Image and Your Sexual Self," and "Managing Work." Kastan helps readers face the unique and complex challenges that accompany women's heart disease and ultimately shows them how to thrive. • A psychotherapist and survivor of heart disease, Kathryn Kastan is the President of WomenHeart, an organization that educates women about heart disease.

April 2007 • Health/ Memoir • 256 pages
UK & Translation Rights: Da Capo

Dr. Sarfraz Zaidi

Take Charge of Your Type 2 Diabetes: A revolutionary plan for reversing your symptoms and preventing complications

This is a groundbreaking new guide to managing—and even reversing the symptoms of—Type 2 Diabetes. With scientists' discovery of how to control diabetes and its root cause—insulin resistance, Dr. Zaidi offers a cutting edge treatment strategy for diabetic patients to help them avoid insulin injections, which can not only help prevent the deadly complications of diabetes, but can actually help reverse many of them. Focusing on the root problem in diabetes—insulin resistance syndrome—Dr. Zaidi's program includes an easy-to-follow diet, a moderate exercise plan, vitamin and supplement recommendations, and stress management techniques. He also focuses on a prescription medication regimen that helps patients actually decrease their medication as time goes on. With the number of people suffering with diabetes reaching epidemic proportions throughout the world, this timely and important book offers fresh hope and a new way of life to millions of patients.

• Dr. Zaidi is Assistant Clinical Professor of Medicine at UCLA, Fellow of the American College of Endocrinology, and Fellow of the American College of Physicians.

April 2007 • Health • 256 pages
UK & Translation Rights: Da Capo

Judith Sherman-Wolin

Muscle Your Way through Menopause . . . And Beyond: Anti-Aging Exercise Strategies for a Leaner, Younger, and Sexier Future

Amid all the confusion and controversy about treating the symptoms of menopause, there is one thing that everyone is agreed on: muscle is magic. *Muscle Your Way through Menopause* is the indispensable guide for all women entering or going through menopause to help them reach a healthier, vibrant life thereafter. Included are highly detailed exercise directions and instructional photographs designed to help maintain and build lean muscle tissue, while losing weight and fat. There is also invaluable medical advice on how to help lower cholesterol, reduce the risk of breast cancer, and protect bones from the risk of osteoporosis. All this takes motivation, and so Judith Sherman-Wolin includes her motivational strategies to build towards a health-altering, life-balancing course of exercise and wellness. The combination of science with the practical application makes this book so original and so valuable for women entering or in the menopausal years. • Judith Sherman-Wolin is the Exercise Specialist at the UCLA Center for Human Nutrition and is the author of *Smart Girls Do Dumbbells*.

January 2007 • Health/Fitness • 224 pages with 100 b&w photographs
UK & Translation Rights: Da Capo

Steve McKee

My Father's Heart: A Son's Journey

Inspiring, revealing, and hopeful, the author tells of his own nearly life-long fight to combat heart disease, the disease that killed his father in front of his eyes when the author was just sixteen. McKee, a *Wall Street Journal* editor, combines his experience of losing his father with the stories of others who are in a similar situation of loss and concern for their own cardiac health along with research and extensive interviews with people in the medical profession to create a compelling read which will inspire others in the same fight. *My Father's Heart* provides information on the latest alternatives and fringes therapies available today along with the latest thinking in traditional cardiac medicine. Heart disease is one of the leading killers across race and nationality. • Steve McKee is the author of *The Call of the Game* (1987) and *Coach* (1992). He has written extensively for *The Wall Street Journal* mainly on topics related to sports and health.

Fall 2007 • Health/Memoir • 276 pages

UK & Translation Rights: Da Capo

Patti Balwanz, Kim Carlos, Jennifer Johnson, and Jana Peters

Nordie's at Noon

A true story of four young friends diagnosed with breast cancer and the monthly luncheon that lifted their spirits. Like any group of young women, Patti, Kim, Jennifer, and Jana talked about their latest career moves, the men in their lives, and their dreams when they met each month at the trendy café at their local department store. But unlike other women their young age, their conversations also turned to more serious issues that their “non-breast-cancer” friends couldn't have imagined or understood. *Nordie's at Noon* speaks to anyone who has ever been diagnosed with cancer, supported someone with cancer, or faced a seemingly insurmountable challenge. It also encourages women everywhere to be proactive with their health—and realize that no one is “too young” for breast cancer. • Patti Balwanz died in March 2003, at the age of twenty-nine. Kim Carlos, now cancer-free, lives in Kansas City, Missouri with her husband and six-year old son. Jennifer Johnson, cancer-free for six years, lives with her husband and two children in Overland Park, Kansas. Jana Peters is now undergoing treatment for bone cancer. She lives with her husband in San Francisco.

October 2006 • Health/Memoir • 256 pages

UK & Translation Rights: Da Capo

Marc Silver

Success with Heart Failure: Help and Hope for Those with Congestive Heart Failure

This definitive guide offers compassionate insight and important tips for treating this prevalent disease. Originally published in 1998, it reflects the most recent developments in congestive heart failure research and treatment, including up-to-date information on the role of heart transplantation, and other state-of-the-art medical and surgical treatments. It is also ideal for patients and family members interested in lifestyle changes, with advice on how attitude and emotion affect heart failure—and what you can do to stay positive, and the importance of diet and exercise, including tips for adopting a heart-healthy lifestyle. Now in a consumer-friendly format, it is still the most authoritative and comprehensive guide to this chronic and widespread disease. “*Success with Heart Failure* will help any heart patient, family member, or friend to make sense of this illness. Dr. Silver's optimism is both justified and infectious.” —Domeena Renshaw, Professor of Psychiatry, Loyola University. • Marc Silver is a cardiologist and one of the leading experts on congestive heart failure. He is also co-editor in chief of the *Congestive Heart Failure Journal*.

March 2007 • Health • 384 pages

UK & Translation Rights: Da Capo

Vicki Glembocki

The Second Nine Months: A New Mom Tells the Truth about Having a Baby

Philadelphia magazine editor Vicki Glembocki tells the brutally honest and very funny truth of one woman's transition into motherhood, breaking the silence around what new moms are *really* thinking and feeling, including just how hard it is to raise that little one. Sure, motherhood can be filled with blissful moments, all those little firsts with your baby. But what about those "other" moments in between? In a "straight talk from your best girlfriend" voice Glembocki shares the unspoken fears, the intensity of emotion and exhaustion, the difficulty of bonding with a demanding new infant, and the pure frustration that can come with motherhood—but that no one ever talks about, lest she be judged a bad mother. In the spirit of Anne Lamott's *Operating Instructions*, Glembocki gives new moms a reality check on what to expect, leavened with equal parts compassion and humor.

Fall 2007 • Parenting • 224 pages

UK & Translation Rights: Da Capo Lifelong

Joan Friedman, Ph.D.

Double Blessing: Raising Emotionally Healthy Twins from Toddlerhood to Adulthood

A twin herself and a therapist who deals with twin-related issues, Joan Friedman, Ph.D., draws on her extensive experience to offer guidance for new parents about the healthy development of their own multiples. This is the first book to offer a comprehensive approach and developmental overview to the psychology of twinship, based on what twins need to grow up to be healthy individuals and loving siblings in their own right. Dr. Friedman offers specific advice for parents at each stage in their children's growth to help them deal with day-to-day psychological, emotional, and practical issues. Here is a but one interesting example: although kids at the toddler stage are typically taught to share, her research shows that twins must additionally be taught how *not* to share, so that both of them develop a sense of their own individuality. She then goes the extra step in showing parents how to do this in the best possible way. • Joan Friedman, Ph.D. has been a psychotherapist since 1978 specializing in twins and parents of twins and speaks widely on the developmental and parenting issues of twins. She received her doctorate from the Graduate Center for Child Development and Psychotherapy in Los Angeles. She has also been on their guest faculty, and she has been a clinical supervisor to graduate students at the Wright Institute in Los Angeles.

Fall 2007 • Parenting • Paperback • 256 pages

UK & Translation Rights: Da Capo Lifelong

Suzanne Schlosberg

The Essential Fertility Log: An Organizer and Record Keeper to Help You Get Pregnant

"When did I ovulate last month?" "How long ago did I get my FSH tested?"

When it comes to getting pregnant, timing and accuracy are everything, yet you have to have the organizational bent of a bookkeeper to keep track of the details. What a woman in charge of her fertility really needs is one place to track everything—a handy log to keep on the nightstand, to toss in her purse when she goes to the doctor, or to whip out for reference when she's searching the internet. Suzanne Schlosberg brings it all together in this journal and monthly calendar with fun facts and tips that emphasize staying fit and healthy through regular exercise, good nutrition, and stress management. • Suzanne Schlosberg has written several books including *The Curse of the Singles Table* and *The Ultimate Workout Log*. Her work has appeared in such publications as *Real Simple*, *Shape*, *Backpacker*, *Brides*, *Fitness*, and *Health* magazines.

January 2007 • Pregnancy • 224 pages

UK & Translation Rights: Da Capo Press

Rosalie Greenberg, M.D.

Bipolar Kids: Finding the Equator When North and South Rule

Rosalie Greenberg is a child psychiatrist with twenty-five years of experience in treating bipolar children. Previously known as manic depression, bipolar disorder is quickly becoming the ADD of the millennium. Once thought to affect only adults, the condition is the fastest growing category in child psychiatry, with an estimated one million children in the U.S. alone battling its demons. Weaving together patients' stories with facts, Dr. Greenberg identifies the signs to look for in your child that differentiate between a spirited child and a bipolar child, and provides parents with practical survival tips to help a child—and family—successfully navigate the ups and downs of this illness. • Rosalie Greenberg is a board-certified child, adolescent, and adult psychiatrist specializing in the treatment of childhood mood disorders and attention deficit disorders. She is a professor at Columbia University and maintains a private practice.

January 2007 • Parenting/Health • 304 pages

UK & Translation Rights: Da Capo

Philip Lerman

Dadditude: Living the Most Wanted Life

This is the poignant and funny memoir of a tough guy with a tough job who transforms his life by deciding to stay at home full-time with his three-year-old son, Max. Philip Lerman applies plenty of “dadditude” to bringing up his son: the belief that the same tools that got you through life in the schoolyard (humor, hubris, and knowing all the words to Temptations songs) will get you through fatherhood. This is a fresh look at the rocky journey of parenthood, as Lerman learns that good parenting isn't about gender and that controlling your child is, paradoxically, a matter of learning to let go. Men everywhere will identify with the sometimes profane, and often witty, asides on music, women, and ...word origins, as Lerman explores the minefield of full-time fatherhood, while retaining his ironic outlook on life. Praise for *Dadditude*: “This is a very funny book, and a smart one, too. Lerman has proven he can get inside his son's head—we're just not sure whether he's made it back out again!” —John Walsh. • Philip Lerman is the former co-executive producer of the television program *America's Most Wanted* and former national editor of *USA Today*. His book *No Mercy*, written with John Walsh hit the *New York Times* bestseller list.

June 2007 • Parenting/ Memoir • 256 pages

UK & Translation Rights: Da Capo

Alfie Kohn

The Homework Myth: Why Our Kids Get Too Much of a Bad Thing

Death and taxes come later; what seems inevitable for children is the idea that, after spending the day at school, they must then complete more academic assignments at home. The predictable results: stress and conflict, frustration and exhaustion. Parents respond by reassuring themselves that at least the benefits outweigh the costs. But what if they don't? Alfie Kohn, a well known educator and parenting expert systematically examines the usual defenses of homework—that it promotes higher achievement, “reinforces” learning, teaches study skills and responsibility—and shows that these assumptions are actually wrong. Kohn's incisive analysis reveals how a mistrust of children, a set of misconceptions about learning, and a misguided focus on competitiveness have left our kids with less free time and our families with more conflict. Pointing to parents who have fought back—and schools that have proved educational excellence is possible without homework—Kohn shows how we can rethink what happens during and after school in order to rescue our families and our children's love of learning. • Alfie Kohn is the author of ten previous books, including *Punished by Rewards*, *The Schools Our Children Deserve*, and *Unconditional Parenting*, that have helped to shape the thinking of parents and educators worldwide. He lectures widely and has appeared on *The Oprah Winfrey Show*, *Today*, and many other programs.

October 2006 • Parenting • 256 pages

UK & Translation Rights: Da Capo

Jennifer Block

Pushed: Toward the End of Normal Birth

Childbirth today has become a highly technical, medically managed event, but has all this intervention made childbirth any easier? According to thousands of women who have experienced unnecessary C-sections and inductions, the answer would be a resounding no. In this exposé of the modern approach to childbirth Jennifer Block argues we are no better off than we were thirty years ago when women were routinely strapped to a hospital bed and physically restrained from walking around during labor, because today women are immobilized by wires and tubes and epidural anesthesia. Although medical intervention has its place, many would argue it has now gone too far with recent trends in hospitals including the increasing use of drugs in labor, the downsizing or even disbanding of midwife practices, and the massive rise in surgical delivery. With the cesarean rate rising the world over, the subject of childbirth has never been more hotly debated. • Jennifer Block is a New York-based journalist, frequently writing about women's health and politics. A former editor at *Ms.* magazine, she served as an editor of the revised *Our Bodies, Ourselves*, as well as *Positively Informed*, a guide to sexuality education.

May 2007 • Health/Current Events • 320 pages
UK & Translation Rights: Da Capo

Evelyn McDonnell

Mamarama: Confessions of a Badass Mother

In this “momoir” music critic Evelyn McDonnell brings her East Village punk-rocker rebel perspective to her new role as wife and alternative mom of three. She adds an original, humorous and edgy perspective to the breakdown of the mommy myth. Any mother may ask herself, “What is the connection between my youthful self and the old person my kids think I am?” This question is especially pressing for McDonnell as she looks back on her bohemian, feminist, punk-rock Village glory days wondering if the new me is still the old me? The answer is yes: a baby changes everything but your self. In fact, though she may no longer write for the *Village Voice*, don a gorilla mask, or march in gay pride parades, her revolutionary spirit is strengthened by having an added investment in the future—her children. This is a pop-culture look at the conventions and pressures of modern motherhood. • Evelyn McDonnell is a widely published music critic and author of two books. Her work has appeared in *Rolling Stone*, *Spin*, *Billboard*, *The New York Times*, and *Elle*, to name a few.

February 2007 • Memoir/Pop Culture • 256 pages
UK & Translation Rights: DaCapo

Aletha Solter, Ph.D.

Raising Drug-Free Kids: 100 Tips for Parents

One of the greatest fears of any parent is the thought of their child taking drugs, and being powerless to do anything to prevent it. This is a useful, practical guide for parents, with 100 practical and actionable tips for preventing drug use in children of all ages. The author focuses on techniques for preventive parenting, and on ways to decrease the desire for drugs among young people. Advice ranges from allowing your toddler to say “no” in order to empower them to refuse drugs when they are older, and holding family meetings to establish rules and solve conflicts in a non-authoritarian way. • Aletha Solter, Ph.D., is a Swiss-American developmental psychologist, author, and founder of The Aware Parenting Institute. She is the author of three books and two workbooks, which have been translated into six languages. Her most popular book, *The Aware Baby*, has sold over 100,000 copies worldwide.

September 2006 • Parenting • 224 pages
UK & Translation Rights: Da Capo

David Elkind, Ph.D.

The Power of Play: Raising a Healthy Child in a Stressful World

Best-selling author and distinguished Professor David Elkind takes on the “over-scheduled” child syndrome, providing parents with an understanding of and appreciation for the powerful role of play in healthy emotional and academic development. In this book he celebrates play and shows parents how to actively bring it back into their children’s lives.

• Dr. David Elkind is Professor of Child Development at Tufts University. *The Hurried Child*, Dr. Elkind’s first book, has sold more than 400,000 copies.

January 2007 • Parenting • 288 pages
UK & Translation Rights: Da Capo

David Elkind, Ph.D.

The Hurried Child: Growing Up Too Fast Too Soon

Now becoming a worldwide issue, children are growing up too fast in today’s hectic society. With the first edition twenty-five years ago of *The Hurried Child*, David Elkind emerged as the voice of reason, calling our attention to the crippling effects of hurrying. But now more than ever, new generations of parents have inadvertently stepped up the assault on childhood, in the media, in schools, and at home. With the increasing pressure brought about by the Internet, classroom culture, school violence, movies, and television, children are often forced to grow up too fast, mimicking adult sophistication. Dr. Elkind offers invaluable advice and insight into protecting the joy and freedom of childhood. In this twenty-fifth anniversary edition of the book, Dr. Elkind delivers a new introduction that puts twenty-five years of trends and change into perspective for parents today. • David Elkind, Ph.D. is Professor of Child Development at Tufts University. He is the author of a dozen books, including *All Grown Up and No Place to Go*.

January 2007 • Parenting/Childcare • 288 pages
UK & Translation Rights: Da Capo: Portuguese (Brazil)/Artes Medicas del Sul;
Japanese/Kinokuniya Shoten; Arabic/Obeikan; Chinese (complex)/Develop Publishing
Company; Chinese (simplified)/China Light Industry Press

Michael Strober and Meg F. Schneider

Just a Little Too Thin: Pulling Your Child from the Brink of an Eating Disorder

Anorexia and other eating disorders have garnered much attention in the media, even though only a fraction of children actually develop these full-blown disorders. As this ground-breaking text points out, far more common—and perhaps more disturbingly, rapidly-growing—is a population of “subclinical” teens who have yet to become fully anorexic or bulimic but whose obsession with their weight is excessive and potentially dangerous. Renowned eating disorder expert Dr. Michael Strober has authored the only book designed specifically to address this at-risk group. This is a practical, hands-on guide that helps parents understand the motivating factors behind their teen’s obsession with weight, outlines the three stages on the road to developing an eating disorder, and offers concrete advice for dealing with the issue on a daily basis. • Dr. Michael Strober is director of the eating disorders program at UCLA’s Neuropsychiatric Institute and is the editor-in-chief of the *International Journal of Eating Disorders*. He has appeared on *Dateline NBC* and *NPR*, and has written for *People*, *Vogue*, *Shape*, and *Self*. Meg F. Schneider, MA CSW, is a therapist who has authored many books on child development, life stages, and self-help.

September 2006 • Parenting/Psychology • 256 pages
UK & Translation Rights: Da Capo

T. Berry Brazelton, M.D., with Joshua Sparrow, M.D.

Touchpoints 0–3: Your Child’s Emotional and Behavioral Development

Touchpoints has become required reading for parents of babies and small children since its first publication in 1992. Now brought completely up to date, Brazelton continues to provide wise, witty, and lifesaving guidance to a new generation of grateful parents. *Touchpoints* offers fresh insight into raising a secure, healthy baby in a stressful and complex world. Of particular note in this edition is the new medical information for SIDS, cognitive development, and asthma, as well as guidance for the new stresses on families and fears of children. Dr. Brazelton also offers a fresh focus on the role of fathers and other caregivers. Dr. Sparrow brings a child psychiatrist’s insights into the many perennial childhood issues covered in this comprehensive book. • T. Berry Brazelton, M.D., founder of the Child Development Unit at Children’s Hospital Boston, is Clinical Professor of Pediatrics Emeritus at Harvard Medical School and Professor of Pediatrics at Brown University. His many internationally acclaimed books for parents include *To Listen to a Child* and *Infants and Mothers*. Joshua Sparrow, M.D., is Assistant Professor of Psychiatry at Harvard Medical School.

Praise for *Touchpoints*:

“If you read only one book when your child is an infant, go for *Touchpoints*.” —*Boston Globe*, December 2005

“When this pediatrician talks, parents listen.” —*People Magazine*

October 2006 • Childcare • 528 pages

UK & Translation Rights: Da Capo; Korean/Sejong Books; Russian/Astrel; Spanish (Castilian)/Plaza Y Janes; Turkish/Epsilon Yayinevi; Italian/Fabbri; Thai/Family Direct; Chinese(Simplified)/Liaoning Education; Arabic/Al-Hiwar Athaqafi; Chinese (Complex)/Laureate Book; Poland/Amber

Also by T. Berry Brazelton and Joshua Sparrow

Sleep: The Brazelton Way

Discipline: The Brazelton Way

Calming Your Fussy Baby: The Brazelton Way

Toilet Training: The Brazelton Way

Feeding Your Child: The Brazelton Way

Taming Aggression: The Brazelton Way

Understanding Sibling Rivalry: The Brazelton Way

“Essential additions to a busy parent’s library.” —*Publishers Weekly*

“Brazelton and Sparrow constantly remind us of the joy and hilarity of parenting.”
—*Time*

French Rights: Fayard; Italian Rights: Cortina; Dutch Rights: Lannoo; Arabic Rights: Al-Hiwar Athaqafi; German Rights: Droemer (*Sleep* only); Portuguese Rights (Brazil): Artes Medicas del Sul; Spanish Rights (Lat. Am.): Editorial Norma; Spanish Rights (Spain): Ediciones Medici; Portuguese Rights (Portugal): Presenca; Korean Rights: Sejong

Sidney Wanzer, M.D., and Joseph Glenmullen, M.D.

Living, Leaving: Comfort, Calm, and Control in the Last Days of Life

Drs. Wanzer and Glenmullen have written a comforting and powerful book on the rights of patients to die when they choose to, candidly discussing the two most important moments at the end of life: the decision to stop treatment, and the decision to hasten death. Clear directions are given on the legal ways to bring about death, at a time when there seems to be little control in a patient's life. Often controversial, the authors do not shy away from the tough issues surrounding euthanasia, spelling out ways to hasten death, such as refusing food and water, and those that require a doctor's help. Key current topics are openly discussed, from the issue of painkiller rationing to the question of why heroin, rather than morphine is used in some countries to control pain. Drs. Wanzer and Glenmullen blend compassion and reassurance with direct, honest facts in a book that we and our families should all have before it is needed. • Sidney Wanzer, M.D., a leader in the right to die movement, was for many years Chief of Harvard University Health Services. Joseph Glenmullen, M.D., a psychiatrist at Harvard Medical School is author of *Antidepressant Solution* and *Prozac Backlash*.

March 2007 • Health/Psychology/Self-Help • 256 pages
UK & Translation Rights: Da Capo

Kate Lorig, R.N., Dr. P.H., and James F. Fries, M.D.

The Arthritis Helpbook, Sixth Edition: A Tested Self-Management Program for Coping with Arthritis and Fibromyalgia

Used by more than 500,000 readers around the world and more than twenty years in print, *The Arthritis Helpbook* remains the leading guide for the self-management of joint pain. Containing hundreds of useful hints, *The Arthritis Helpbook* dispenses advice on creating healthy diets and exercise programs, how and where to buy gadgets that solve common problems, and how to overcome the fatigue and depression associated with arthritis and fibromyalgia. • James F. Fries, M.D., is Professor of Medicine at Stanford, specializing in rheumatology. His books include *Take Care of Yourself* (more than 15 million copies sold), *Taking Care of Your Child*, *Living Well*, and *Arthritis: A Comprehensive Guide*. Kate Lorig, R.N., Dr. P.H., developed and directs the Arthritis Self-Management Patient Education Project at the Stanford University Arthritis Centre.

January 2006 • Health • 320 pages
UK & Translation Rights: Da Capo

Peter R. Breggin and David Cohen

Your Drug May Be Your Problem: How and Why to Stop Taking Psychiatric Medications

When first published in 1999, *Your Drug May Be Your Problem* was ahead of its time. It was the only book to provide an uncensored description of the dangers involved in taking psychiatric medication, and the only book to explain how to safely stop taking them. Now, however, with the world catching up, and an acknowledgement by the psychiatric community that not enough studies have been carried out, this fully updated edition is more pertinent than ever. It includes a new introduction by the authors, new study results into psychiatric medications, as well as an update on new drugs that have come on the market. This important book will help countless readers make a plan to safely withdraw from psychiatric drugs and exert control over their treatment. • Peter Breggin, M.D., is an internationally known psychiatrist and author of a dozen books, including *Talking Back to Prozac* and *The Ritalin Factbook*. David Cohen, Ph.D., is Professor of Social Work at Florida International University and Senior Editor of *Ethical Human Sciences and Services*.

August 2007 • Psychology/Health • 288 pages
UK & Translation Rights: Da Capo; Chinese (simplified characters)/Hunan Science & Technology Press; Chinese (complex characters)/Journalist Inc.

Evelyn Fazio and Pam Brodowsky

Staying Sane Series

Continuing in the successful *Staying Sane Series* are three more books. Each of these humorous guides offers stories of commiseration and encouragement to help readers cope with their own situation. Previously published titles are:

Staying Sane When You're Dieting

Staying Sane When Your Family Comes to Visit

Staying Sane When You're Quitting Smoking

Forthcoming titles include:

Staying Sane When You're Planning a Wedding

Staying Sane When You're Going through Menopause

Staying Sane When You're Buying or Selling Real Estate

Pamela Brodowsky is the founder of the literary agency, International Literary Arts, and author of two reference books. She lives in Moscow, Pennsylvania with her husband and two children. Evelyn Fazio is an award-winning publisher and literary agent. She lives in New Jersey.

January 2007 • Self-Help • 224 pages

UK & Translation Rights: Da Capo

David Valdes Greenwood

Homo Domesticus: Notes from a Same-sex Marriage

The institution of marriage is a seemingly simple thing—boy meets girl, boy proposes to girl, boy and girl promise to live happily ever after, until death do they part. For David Valdes Greenwood, it's actually a heck of a lot more complicated than that. As a gay man living in a conservative city, he had to wait ten years for a law to pass to get his happily ever after. *Homo Domesticus* is the light-hearted tale of love and companionship in a society not quite ready to fully embrace same-sex marriage. The author brings us wholeheartedly into this memoir, less with politics in mind than to show us the lack of difference between his life and any other couple's trials and tribulations. From the proposal to the adoption of their baby daughter, he shows what it's like to be the sentimental fool in a relationship with someone whose idea of a present is a bar of soap handed to him in the car. A terrific read for someone insecure about their own love story and ready to take the next step toward domestication, or the serious-minded cultural critic. • David Valdes Greenwood is a regular contributor to the *Boston Globe's* Coupling Column. He teaches at Tufts University.

February 2007 • Humor/Relationships • 192 pages

UK & Translation Rights: Da Capo Press

Michael Crider

The Guy's Guide to Surviving Getting Engaged, Tying the Knot, and the First Year of Marriage

From the author of *The Guy's Guide to Surviving Pregnancy, Childbirth, and the First Year of Fatherhood*, which *Life* magazine called "a hilarious, shoot-from-the-hip take on what to expect pre-and post-partum," comes a guide to going from a ladies man, to a lady's main man. Remembering his slow inevitable crawl toward happily ever after, Crider chronicles the highs and lows of relationship progress: from the nauseating dating days of "No, I love YOU more!" to his own rendition of "Meet the Parents" to the wedding reception itself. Throughout, Crider is refreshingly honest and laugh-out-loud funny. Men and women alike will recognize their own romances in these pages. • Michael Crider is the co-founder, editor, and staff writer for *moviesthatsuck.com* and has co-written several short films.

February 2007 • Wedding/Humor • 328 pages

UK & Translation Rights: Da Capo Press

